

Presentation of all our activities and services complementary website www.guide-aventure.pro

During your stay we will welcome you in a pleasant and welcoming environment.

From beginners to expert, (adults to children)

From inexperienced to experienced, (adults to children)

We have an activity to full fill your expectations.

From Via ferrata, to childrens adventure parks, children and adult rock climbing school , to canyoning – Hiking-Rock climbing.

You can choose your activity from the following:

Via Ferrata – Tyrolienne

Entry free 3 euros payable upon arrival situated next to the GR10 camp site 2 km before Cauterets.

If you require equipment (harnais ,security corde spécifique”via ferrata”, poulie and helmet), everything is available to hire on site.

If you possess the required equipment, all that is needed is the obligatory briefing before the ascent.

A professional mountain guide is available to accompany you if you choose for 22euros.

A Via Ferrata is designed to help people climb vertical rockfaces and divergent without prior experience.

A metal cable attached to the rock face enables the climber to climb alone total safety by attaching himself to the cable, with his carabina and harnais.

The Allias Via Ferrata is accessible to all levels of experience and consist of two Tyroleans of 120m and 60 m to travel from one rock to another.

Guaranteed adrenaline!!!

Easy route = for children of 10 years old or over to be accompanied by an adult.

Difficult route = for more athletic users minimum height 1m25

Children adventure park

Consists of 18 different tasks located in the heart of the Pyrénées.

The children will develop agility, balance and strength skills by walking on the nets, logs, cable bridges and experience a Tyrolean descent.

The circuit is placed 1m50 above ground level for small children.

All circuits require parents supervision.

Drinks: ice cream and information available at the Bar.

Rock Climbing

The Rock Climbing School is accessible to all, or you can progress on natural sites equipped and adapted to your level.

Adult Rock Climbing School

Beginner = You will learn climbing techniques on routes adapted to your level as well as basic roping techniques, knots, assist a 2nd person, abseil etc ...

Various routes from 15m to 40m (Difficulty = 4 to 6c)

The Mountain Guides will help you to progress, to perfect your techniques, teach you general security rules and rope skills.

2 Hour group lesson (Adults and children)

Rock climbing on the Via Ferrata site

Climbers seeking to evolve on more technical and longer routes by the half or full day with a Mountain Guide

Classic routes in the Pyrenees (Dalle des.....North Face of Vignemale...)

Ascents of 3000m

Here are some of the most magnificent summits

Vignemale = 3298m

The highest and most coveted summit in the French Pyrenees.

Normal daily route involves 1500m of vertical descent, 700 of which is on a glacier. There is the possibility of sleeping half way up in the refuge of Bayselance the night before and being picked up on route by the guide at approximately 8.00am. This option leaves you with 600m of vertical descent to complete on the day.

Crampon initiation on snow and (ice depending on season), accessible to all.

Equipment: Crampons and ice axe.

Balaitous 3144m

One night in the refuge of Larribet

Various classic routes are available:

Boulevard pack

Vire..... (crampons and Ice axe needed)

Mont Perdu 3335m

One night in the refuge des Sarradets

Or over two days passing by the breche de Tuquerouye (refuge unoccupied)

La Mounia 3133m

Easy ridge

Tour of the Troumouse circuit along the ridges

(Crampons and ice axe needed in July)

Le Casque du Marbore

Original and easy itinerary by a short climb and return by the Isards pass. Cheminee??

Pic Aneto 3404m

The highest summit in the Spanish region with a night in a refuge.

Equipment: Crampons and ice axe

All equipment needed will be provided by the guide

Canyoning:

Fun activity available to all. Equipped with a neoprene suit, a harness and a helmet, you will jump into pools, abseil down and slide down natural toboggan runs.

Canyon d'Heas

Two possibilities are available enabling everyone complete the same itinerary by choosing a route to suit your level.

For beginners:

Toboggans and numerous jumps of considerable height, which can be detoured upon hesitation. ???????

For the more advanced:

Toboggans and numerous jumps of a more difficult nature and abseiling.

Canyon d'Ossoue Superior

Long abseiling descents under waterfalls, 5m jumps and toboggan at 80°. Adrenaline guaranteed!

Canyon d'Ossoue Inferior

Technical jumps into narrow lagoons, one of which is 11m, small abseils and tobogganing. Not for the faint hearted!

Canyons in Spain in the Mt Perdu massif and the Sierra de Guara enable you to experience the beautiful Spanish scenery in sporting fashion at:

Prior reservation needed

3 day outing minimum

Tariffs

Via Ferrata – Rock Climbing – Children’s Adventure Park in the trees

Via Ferrata (Height - 1m30 or over)	Adults (per person)	Children under 10 yrs of age (pp)
Entry fee	3€	3€
Entry fee + equipment	13€	13€
Entry fee + equipment + Instruction	22€	22€

Canyoning

(From 8 years of age upwards)

Half Day	38€	35€
Full day	45€	43€

Rock Climbing (Available to all)

1 lesson of 2hrs on the Via Ferrata site	22€	19€
2 lessons of 2 hrs on the Via ferrata site	44€	38€
3 lessons of 2 hrs on the Via ferrata site	59.50€	51.50€
4 lessons of 2 hrs on the Via ferrata site	78.50€	68€
5 lessons of 2 hrs on the Via ferrata site	97€	83.50€
6 lessons of 2 hrs on the Via ferrata site	115€	99€

Climbing half day to Pont ‘d’Espagne	30€	30€
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Children’s Adventure park in the trees

4 to 9 years of age

Entry	10€
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Vignemale

Ascent of normal route	60€
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Conditions of purchase:

Our tariffs are valid all through the 2009 season

Please contact us for group tariffs

Discounted rates are available for multiple sessions.

No refunds are available for absentees or lost tickets.

Please do not hesitate to contact us for more information or any questions etc

For Via Ferrata and Children’s Tree Assault course, please check age and height limits as this may change according to the difficulty of the different routes.

Off piste skiing:

Paradiski ski Area (La Plagne – Les Arcs)

An immense ski area with an endless network of itineraries for skiers and snowboarders to exploit. Many of these are up to 2000m of vertical descent including The North Face of Bellecotte, the Cul du Nant, L'Aiguille Rouge and many more.

Your itinerary will be tailored by Mountain Guides and ski instructors according to your ski level and weather conditions to ensure an unforgettable experience.

For motivated amateurs, you will alternate between ski lifts and small ascents either on foot or ski touring.

We provide: Rucksacks, spades, probes and beepers.

Group tariff for a group of up to 7 people = €340 per day (Ski pass not included)

Heliski:

Italy

The Ruitor (Descent French and Italian Side)

Val Veny against the view of the Mt Blanc and 2nd part on the Mt Fortin

Strong skiers have the possibility of continuing on to the Valle Blanche.

4 People = €240 per person.

Pitons Des Italiens (Mt Blanc) 4000m

Experienced Skiers / Snowboarders

Contact us for tariffs

Switzerland

Aiguiles Dorees – and descent of the Grand or Saleina Glacier

4 People = € 270 per person

7 People = € 240 per person

Taxi Helicopter

Ski the most breathtaking off piste itineraries of the Tarentaise region (Paradiski, Espace Killy, the three Valleys...) in a weekend or a week from Paradiski.

8 people = €180 per day

4 people = \$215 per day

The tariff includes a guide and ski pass.